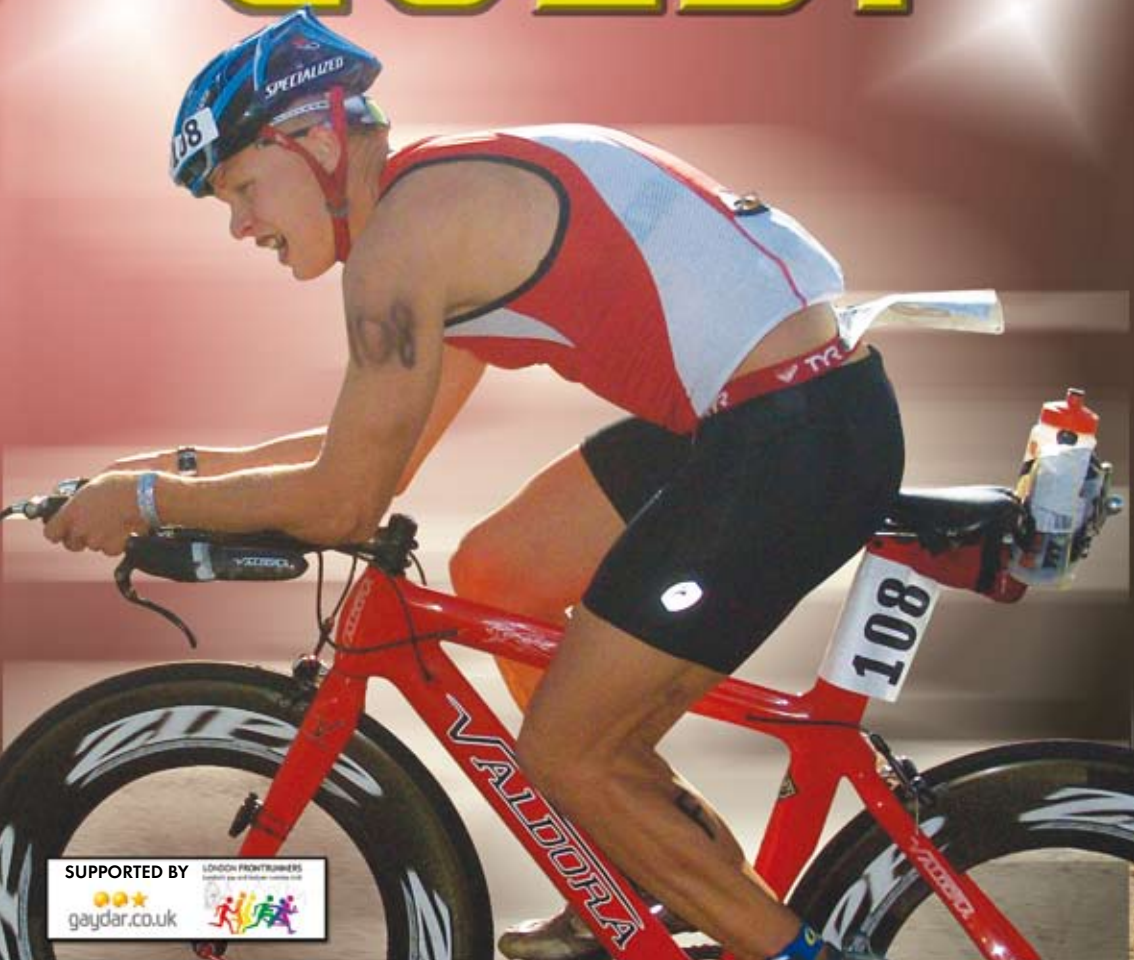


Iron Man Cabaret Fundraiser

Help
Teemu
reach
GOLD!



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LONDON FRONTRUNNERS

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Introducing Teemu Kyllonen

a 26 year old gay man from Oulu, Finland.

He moved to London 5 years ago, where he started to realise his dream. Teemu has always been into sports, running and cycling mainly for most of his life and can remember the thrill of riding his first bike at the age of 4.

Teemu is part of London Frontrunners, a gay and lesbian running club, where he trains to improve his running.

Recently he gave up full time employment to realise his dreams and focus on his training to qualify for Iron Man championships in 2010.

An Ironman, for those who don't know, is a 3.8km swim, a 180km bike race and then a 42.2km run in immediate succession, it is one of the hardest physical events that an athlete can put themselves through.

In support of Teemu, a fund-raiser evening has been organised featuring a variety of performances, drag queens, music and fun. Come along, bring your friends and help support this great cause.

Venue: Comptons (upstairs)

Time: 7.30pm

Date: Sat Jan 16th



Gaydar boys will be selling raffle tickets during the evening for a chance to win some great prizes generously donated by

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